

October 31, 2025

Ps. 7:10 *My shield is God Most High, Who saves the upright in heart.* (NIV)

I find much peace in the fact that the LORD is my shield. He is able to protect me from all the fiery darts of the evil one. His shield is impenetrable. There is absolutely nothing that can hurt me with Him in front of me.

The Hebrew word for *upright in heart* is **yishreilev** which means *one who walks justly, straight and peacefully and whose mind and heart are set upon the LORD and His ways*. In other words, David knew that if he would walk with a heart that was right with God, that the LORD would watch over him and save him in times of trouble.

The shield was used in battle for protection. It was a soldier's place of safety. They were made to deflect the strongest arrows and the crushing blows of the sword. But to be safe, a soldier had to have and use the shield. In the same way, we must walk in step with the LORD and keep our hearts and minds on Him. We must walk in the path that He has laid out for us. A double-minded man cannot do this because he allows the things of this world to distract him and cause him to walk in an opposite way of the LORD.

Today, would you choose to walk in step with the LORD and keep your eyes upon Him as He leads the way for you? Will you honor Him with your thoughts and your words? Will you serve Him with all of your mind and strength and heart? If so, He will be your shield.

Dear LORD, help us to walk in You and You alone today. Give us a heart of peace and a mind that follows You for You are our shield. In Jesus Name, Amen